

Behavioral Health Referrals

Command Directed

Who: Commanders

Why:

- Potential and likelihood to harm self or others.
- Soldier displays excessive sadness or recent behavioral changes.
- Recent or unusual withdrawal from others.
- Excessive angry outbursts or irritability.
- Decrease in job performance.
- Unusual or strange behaviors.

What will command be told:

- BH written response to CDR within **one business day** after CDMHE. It will include:
 - Soldier's diagnosis
 - Soldier's prognosis
 - Recommended treatment plan
 - Suitability for continued service
- Recommended precautions:
 - Move into barracks for a defined period of time.
 - An order to a) avoid the use of alcohol b) not to handle firearms or other weapons c) not to contact potential victim (s)
- Recommended administrative management of the Soldier (i.e., administrative separation).
- Recommendations regarding restricted access to classified information, if appropriate.
- Recommendations regarding fitness for duty

Self Referral

Who: Soldier

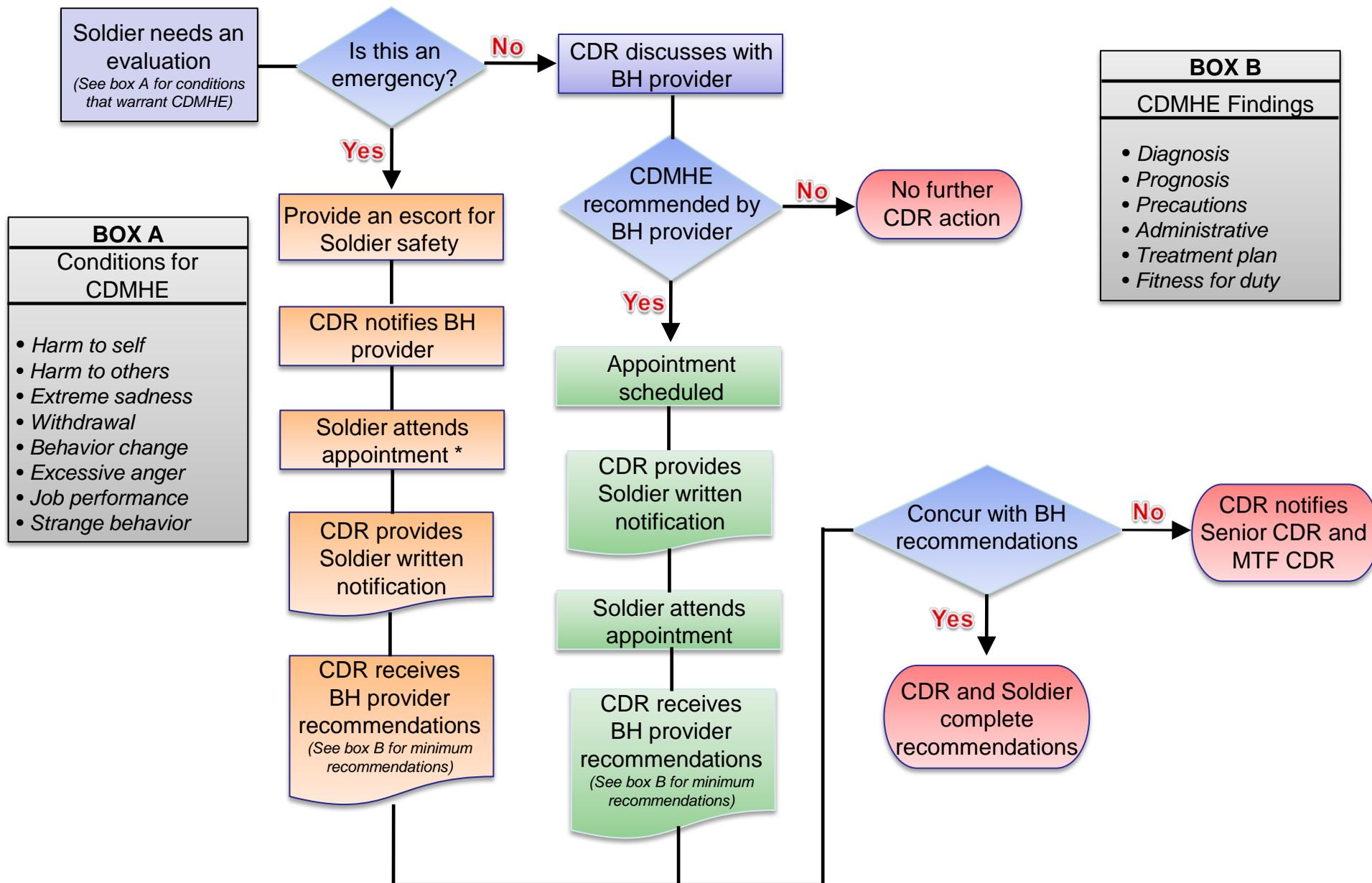
Why

- Soldier deems he/she needs assistance
- Command/leaders encourage Soldier to seek assistance
- Chaplains, ACS, or other agencies assist the Soldier in accessing care

What will command be told:

- Information discussed with a BH provider is confidential communication and not routinely disclosed to others outside the treatment without the written consent of the Soldier.
- BH provider is required to notify the Commander within **24-hours** of the appointment if any of these exceptions apply:
 - Harm to Self
 - Harm to Others
 - Harm to Mission
 - Hospitalization
 - Substance Abuse Treatment
 - Special Personnel – Personnel Reliability Program or other potentially sensitive mission responsibilities
- Commanders can always receive the following minimum essential information for any healthcare:
 - General Health Status
 - Scheduled appointments and appointment reminders
 - Kept appointments
 - Profile Status

Command Directed Mental Health Evaluation Decision Tree



* Soldier may attend appointment prior to Commander's written notification due to imminent danger associated with emergency CDMHE